

GREEN HOLIDAY GUIDE: HOLIDAY MEALS



Plan Ahead: know how many guests to expect, shop your pantry, and don't forget your reusable grocery bags!



Use a Calculator: there are free online tools to help you calculate how much food is needed for your group



Shop Smart: Shop local when you can, buy in bulk to get just the right amount, and choose goods in minimal and recyclable packaging.



Love your Leftovers: encourage guests to bring reusable containers for leftovers and make a plan to use them up!