

 RCBC

Holiday Gifting Guide: Clothing

Clothing is an ever popular gift idea for all ages. Here are some tips and ideas to keep your friends and family well outfitted well beyond the holiday season.



01 | CHOOSE ITEMS MADE TO LAST



Check the seams - look for stitches that are close together, even, and straight.



Button up - check to see how hardware like buttons and zippers feel. Does the zipper move smoothly? Are the buttons hanging by a thread?



Heavy weight - how does the material feel? Hold the item up to a light and look for thick weaves that don't let too much light through.



02 | LOOK FOR EARTH FRIENDLY MATERIALS



Fabric - choose natural fabrics like cotton, wool, and silk where possible. Be careful of blends, which will often contain added synthetic fibres. Synthetic fabrics like polyester and acrylic are affordable and versatile, but they are made from plastic. When washed, micro-plastics can be released and enter the water system.



Recycled Content - look for garments with recycled fabric content listed.



Reuse - the most earth friendly materials are those that are already in use. Thrift stores, consignment boutiques, and online marketplaces are great resources for quality garments ready to be used and loved again.



03 | BRING NEW LIFE TO SOMETHING OLD



Does mom have a favourite sweater that's seen better days? You can bring new life to an old favourite - and maybe even learn a new skill!



DIY - Looking at a simple fix? Replacing buttons and mending small holes and tears can be done at home with just a needle and thread - see the Share Reuse Repair Initiative page on [repair at home resources](#) for instructions and inspiration.



Find a Professional - Some things are best left to the pros. For major fixes or delicate items, local tailors, repair cafes, and sewing or knitting clubs can be excellent resources for expert advice and top-notch results.



Looking for more low waste gift ideas? Check out our Holiday Gifting Guide: Kids!



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