



Friday's Tip: Tap Into Community

How to Take Your Efforts Beyond Yourself

Now that you've started to address your actions to reduce the amount of food you waste, consider taking your efforts to the next level. Here are a few ideas to go beyond yourself, tap into your community, and tackle food waste on a larger scale.

Challenge Others

- Spread the awareness by challenging your school, family, community or work place to address food waste. Our [Waste Free Lunch Challenge](#) is a fun way to encourage others to get involved. Designed for students, it can easily be adapted for other audiences. Features include a resource guide, tips for implementation, and more!

Check Out Existing Programs

- If you think your community or apartment building would benefit from an organics collection system and don't have one yet, tell your local government or building manager. [Metro Vancouver](#) has developed a wide range of resources for those looking to set up, promote, and maintain organics programs in apartments, condos, businesses, and other multi-unit buildings.

To the Rescue!

- Research if there are any food rescue organizations working in your area. If so, consider volunteering or donating towards their cause. In Vancouver, [Quest Food Exchange](#) is a not-for-profit food exchange program that provides marginalized individuals with affordable and healthy food choices.

Share Your Surplus

- Share your surplus! If you've got a bounty of food you couldn't possibly consume in time, consider sharing with neighbours, co-workers, or friends. Likewise, if you have any [fruit trees](#) or garden space you're not utilizing, consider offering access to neighbours or community members.

Thank you for following our tip series on reducing food waste - We hope you'll be inspired to keep up your efforts and make every week Waste Reduction Week!

Need more information?

Contact the **RCBC Recycling Hotline!**

Lower Mainland: 604-732-9253 | BC Toll-Free: 1-800-667-4321

www.rcbc.ca

